

# Coronavirus Disease 2019 (COVID-19)

# Coronavirus Disease 2019 (COVID-19) Situation Summary

This is an emerging, rapidly evolving situation and CDC will provide updated information as it become available, in addition to updated guidance.

Updated March 7, 2020

# Background

CDC is responding to an outbreak of respiratory disease caused by a novel (new) coronavirus that was first detected China and which has now been detected in almost 90 locations internationally, including in the United States. The vir has been named "SARS-CoV-2" and the disease it causes has been named "coronavirus disease 2019" (abbreviated "COVID-19").

On January 30, 2020, the International Health Regulations Emergency Committee of the World Health Organization declared the outbreak a "public health emergency of international concern " (PHEIC). On January 31, 2020, Health a Human Services Secretary Alex M. Azar II declared a public health emergency (PHE) for the United States to aid the nation's healthcare community in responding to COVID-19.

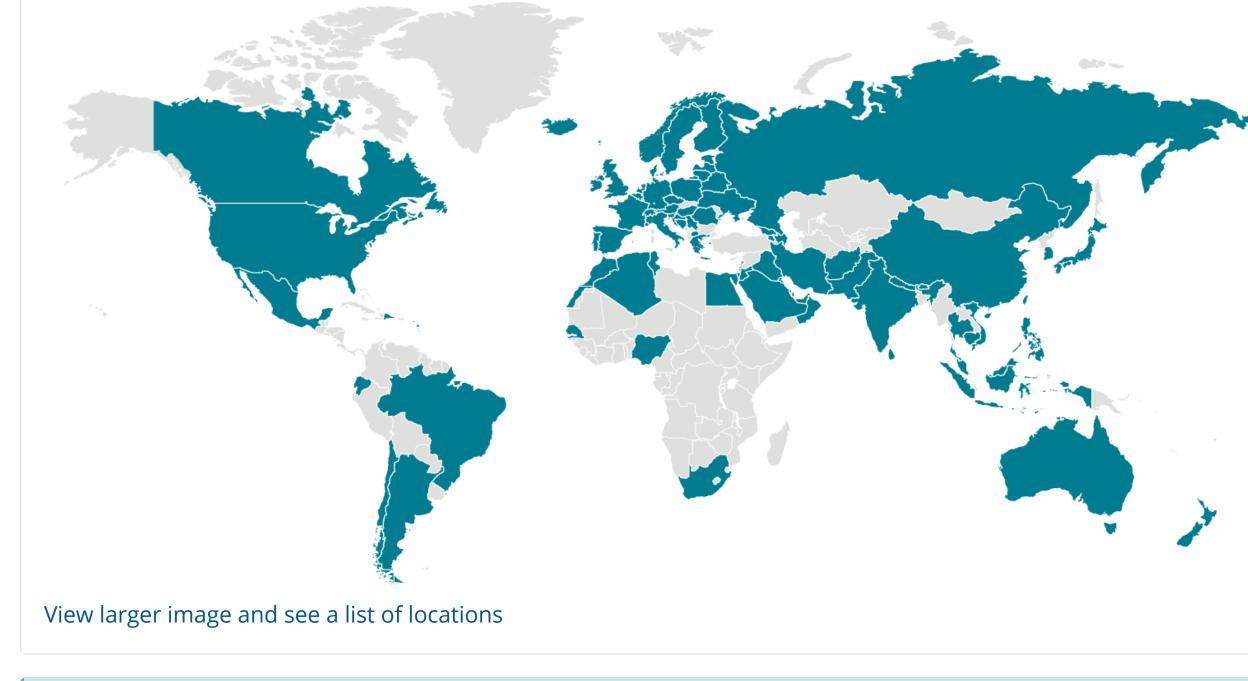
## Source and Spread of the Virus

Coronaviruses are a large family of viruses that are common in people and many different species of animals, included camels, cattle, cats, and bats. Rarely, animal coronaviruses can infect people and then spread between people such a with MERS-CoV, SARS-CoV, and now with this new virus (named SARS-CoV-2).

The SARS-CoV-2 virus is a betacoronavirus, like MERS-CoV and SARS-CoV. All three of these viruses have their origins bats. The sequences from U.S. patients are similar to the one that China initially posted, suggesting a likely single, recemergence of this virus from an animal reservoir.

Early on, many of the patients at the epicenter of the outbreak in Wuhan, Hubei Province, China had some link to a last seafood and live animal market, suggesting animal-to-person spread. Later, a growing number of patients reportedly not have exposure to animal markets, indicating person-to-person spread. Person-to-person spread was subsequent reported outside Hubei and in countries outside China, including in the United States. Some international destination now have apparent community spread with the virus that causes COVID-19, as do some parts of the United States. Community spread means some people have been infected and it is not known how or where they became exposed Learn what is known about the spread of this newly emerged coronaviruses.

Confirmed COVID-19 Cases Global Map





COVID-19 cases in the U.S.

### Situation in U.S.

- In addition to CDC, many public health laboratories are now testing for the virus that causes COVID-19. View CDC's Public Health Laboratory Testing map.
- With this increase in testing, now 19 states have reported cases of COVID-19 to CDC. View latest case counts, deaths, and a map of states with reported cases.
- U.S. COVID-19 cases include:
  - Imported cases in travelers
  - Cases among close contacts of a known case
  - Community-acquired cases where the source of the infection is unknown.

# Illness Severity

The complete clinical picture with regard to COVID-19 is not fully known. Reported illnesses have ranged from very material (including some with no reported symptoms) to severe, including illness resulting in death. While information so far suggests that most COVID-19 illness is mild, a report out of China suggests serious illness occurs in 16% of cases. Older people and people of all ages with severe underlying health conditions — like heart disease, lung disease and diabetes, for example — seem to be at higher risk of developing serious COVID-19 illness.

Learn more about the symptoms associated with COVID-19.

There are ongoing investigations to learn more. This is a rapidly evolving situation and information will be updated as becomes available.

# Risk Assessment

Outbreaks of novel virus infections among people are always of public health concern. The risk to the general public these outbreaks depends on characteristics of the virus, including how well it spreads between people; the severity of resulting illness; and the medical or other measures available to control the impact of the virus (for example, vaccine medications that can treat the illness). That this disease has caused severe illness, including illness resulting in death concerning, especially since it has also shown sustained person-to-person spread in several places. These factors me two of the criteria of a pandemic. As community spread is detected in more and more countries, the world moves clotward meeting the third criteria, worldwide spread of the new virus.

It is important to note that current circumstances suggest it is likely that this virus will cause a pandemic. This is a rapevolving situation and CDC's risk assessment will be updated as needed.

#### Current risk assessment:

- For most people, the immediate risk of being exposed to the virus that causes COVID-19 is thought to be low. The virus is not currently widespread in the United States.
- People in places where ongoing community spread of the virus that causes COVID-19 has been reported are at elevated risk of exposure, with increase in risk dependent on the location.
- Healthcare workers caring for patients with COVID-19 are at elevated risk of exposure.
- Close contacts of persons with COVID-19 also are at elevated risk of exposure.
- Travelers returning from affected international locations where community spread is occurring also are at eleva risk of exposure, with increase in risk dependent on the location.

CDC has developed guidance to help in the risk assessment and management of people with potential exposures to COVID-19.

# What May Happen

More cases of COVID-19 are likely to be identified in the coming days, including more cases in the United States. It's a likely that sustained person-to-person spread will continue to occur, including throughout communities in the United States. It's likely that at some point, widespread transmission of COVID-19 in the United States will occur.

Widespread transmission of COVID-19 would translate into large numbers of people needing medical care at the san time. Schools, childcare centers, and workplaces, may experience more absenteeism. Mass gatherings may be sparse attended or postponed. Public health and healthcare systems may become overloaded, with elevated rates of hospitalizations and deaths. Other critical infrastructure, such as law enforcement, emergency medical services, and sectors of the transportation industry may also be affected. Healthcare providers and hospitals may be overwhelmed this time, there is no vaccine to protect against COVID-19 and no medications approved to treat it. Nonpharmaceutic interventions would be the most important response strategy.

# CDC Response

Global efforts at this time are focused concurrently on containing the spread and mitigating the impact of this virus. Tederal government is working closely with state, local, tribal, and territorial partners, as well as public health partner respond to this public health threat. The public health response is multi-layered, with the goal of detecting and minimizing introductions of this virus in the United States. CDC is implementing all of its pandemic preparedness and response plans, working on multiple fronts to meet these goals, including specific measures to prepare communities respond to local transmission of the virus that causes COVID-19. There is an abundance of pandemic guidance development in anticipation of an influenza pandemic that is being adapted for a potential COVID-19 pandemic.

# Highlights of CDC's Response

- CDC established a COVID-19 Incident Management System on January 7, 2020. On January 21, CDC activated its Emergency Operations Center to better provide ongoing support to the COVID-19 response.
- The U.S. government has taken unprecedented steps with respect to **travel** in response to the growing public h threat posed by this new coronavirus:
  - On February 2, the U.S. government suspended entry of foreign nationals who have been in China within to past 14 days.
    - U.S. citizens, residents, and their immediate family members who have been in Hubei province and of parts of mainland China are allowed to enter the United States, but they are subject to health monitor and possible quarantine for up to 14 days.
  - On February 29, the U.S. government announced it was suspending entry of foreign nationals who have be in Iran within the past 14 days.
  - CDC has issued the following travel guidance related to COVID-19.
- CDC has issued clinical guidance, including:
  - o On January 30, CDC published guidance for healthcare professionals on the clinical care of COVID-19 patie
  - On February 3, CDC posted guidance for assessing the potential risk for various exposures to COVID-19 and managing those people appropriately.
  - On February 27, CDC updated its criteria to guide evaluation of persons under investigation for COVID-19.
  - On February 28, CDC issued a Health Alert Network (HAN): Update and Interim Guidance on Outbreak of COVID-19.
- CDC has deployed multidisciplinary teams to support state health departments case identification, contact traci clinical management, and public communications.
- CDC has worked with the Department of State, supporting the safe return of Americans who have been strande a result of the ongoing outbreaks of COVID-19 and related travel restrictions. CDC has worked to assess the hea of passengers as they return to the United States and provided continued daily monitoring of people who are quarantined.



This is a picture of CDC's laboratory test kit for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). CDC shipping the test kits to laboratories CDC has designated as qualified, including U.S. state and local public health laboratories, Department of Defense (DOD) laboratories and select international laboratories. The test kits are bolstering global laboratory capacity for detecting SARS-CoV-2.

## View Larger

- An important part of CDC's role during a public health emergency is to develop a test for the pathogen and equi state and local public health labs with testing capacity.
  - After distribution of a CDC rRT-PCR test to diagnose COVID-19 to state and local public health labs started, performance issues were identified related to a problem in the manufacturing of one of the reagents.
     Laboratories were not able to verify the test performance.
  - CDC worked on two potential resolutions to this problem.
    - CDC developed a new protocol that uses two of the three components of the original CDC test kit to determine that causes COVID-19 after establishing that the third component, which was the problem where the original test, can be excluded from testing without affecting accuracy. CDC is working with FDA to amend the existing Emergency Use Authorization (EUA) for the test, but in the meantime, FDA granted discretionary authority for the use of the original test kits.
      - Public health laboratories can use the original CDC test kit to test for the virus that causes COVID using the new protocol.

- Further, newly manufactured kits have been provided to the International Reagent Resource for distribution to state and local public health labs.
- Combined with other reagents that CDC has procured, there are enough testing kits to test more than 75,0 people.
- In addition, CDC has two laboratories conducting testing for the virus that causes COVID-19. CDC can test approximately 350 specimens per day.
- Commercial labs are working to develop their own tests that hopefully will be available soon. This will allow
  greater number of tests to happen close to where potential cases are.

## **CDC Recommends**

- Everyone can do their part to help us respond to this emerging public health threat:
  - It's currently flu and respiratory disease season and CDC recommends getting a flu vaccine, taking everydapreventive actions to help stop the spread of germs, and taking flu antivirals if prescribed.
  - Individuals and communities should familiarize themselves with recommendations to protect themselves at their communities from getting and spreading respiratory illnesses like coronavirus disease 2019.
  - Older people and people with severe chronic conditions should take special precautions because they are higher risk of developing serious COVID-19 illness.
  - If you are a healthcare provider, be on the look-out for:
    - People who recently traveled from China or another affected area and who have symptoms associate with COVID-19, and
    - People who have been in close contact with someone with COVID-19 or patients with pneumonia of unknown cause. (Consult the most recent definition for patients under investigation [PUIs].)
  - If you are a healthcare provider or a public health responder caring for a COVID-19 patient, please take car yourself and follow recommended infection control procedures.
  - If you are a close contact of someone with COVID-19 and develop symptoms of COVID-19, call your healthout provider and tell them about your symptoms and your exposure.
- If you are a resident in a community where there is ongoing spread of COVID-19 and you develop COVID-19 symptoms, call your healthcare provider and tell them about your symptoms.
- For people who are ill with COVID-19, but are not sick enough to be hospitalized, please follow CDC guidance or to reduce the risk of spreading your illness to others. People who are mildly ill with COVID-19 are able to isolate home during their illness.
- If you have been in China or another affected area or have been exposed to someone sick with COVID-19 in the 14 days, you will face some limitations on your movement and activity. Please follow instructions during this tin Your cooperation is integral to the ongoing public health response to try to slow spread of this virus.

## Other Available Resources

- U.S. Department of State China Travel Advisory
- World Health Organization, Coronavirus 🖸

Page last reviewed: March 7